



**2021
2022**

**INFORMATION PACKAGE
L1.5 Lady Lightning ~ U12**



Vancouver All Stars is committed to excellence. We strive to teach our athletes valuable life skills through cheer. We aim to build self-confidence, character and a good work ethic. We value effort, diligence, teamwork and good sportsmanship. VAS is a community of positive leaders fueled by passion, pride and spirit.

Welcome to the Vancouver All Stars and Congratulations on your team placement. We are so excited for the 2021-22 Season. VAS is excited to begin our 22nd season.

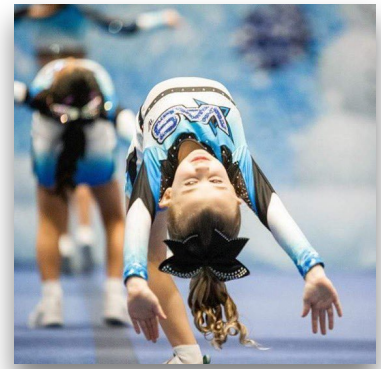
Our U12 Level 1.5-2 Full Year Team is for those with birth years of 2009-2014. This is an ELITE Team at VAS and will practice twice per week in June then once a week in July and August. Summer absences due to family vacations are permitted. We ask for an email to be sent to the coaching staff two weeks prior so the staff can plan accordingly. Full Year Teams begin bi-weekly mandatory practices in September after Labour Day weekend.

In order to participate on a VAS team, you will need to fill out the online waiver form that you will be prompted to fill out when you login to jackrabbit the next time. Filling this out avoids having to fill out a paper waiver.



UNIFORM & PRACTICE WEAR

APPAREL



Uniform for the U12 L1.5 Team:

--- This is the uniform that will be worn by the U12 Lady Lightning Team. The cost is \$260 +GST.

.Hair Bows / Scrunchies - Approx \$20-\$25 additional.

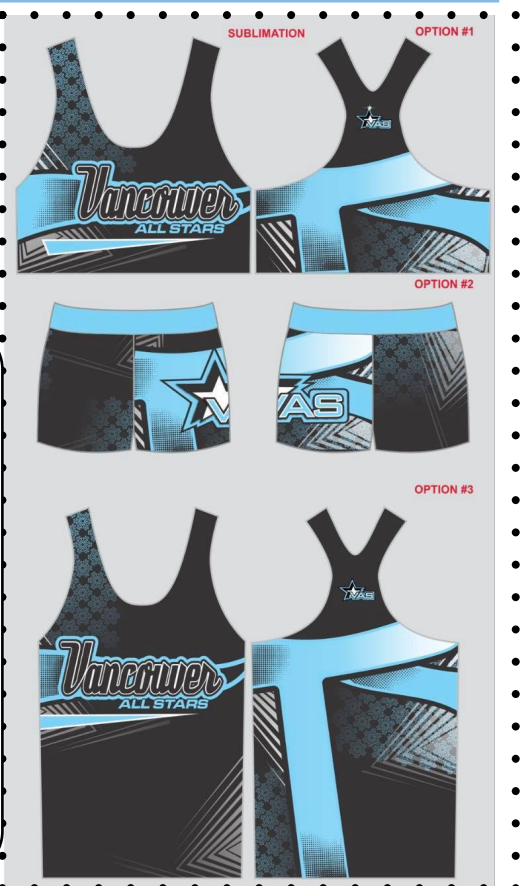
Team Members receive a gym wide 2021-22 Tank Top with Summer Fees.

There may be used uniforms for sale on our facebook Page: **VAS Cheer: Sell - Swap - Trade Page**



Lady Lightning Team Practice Wear:

Team Practice Wear
\$75 to be worn at designated weekly practice. Athlete chooses Tank or Bra Style (or pay extra for one of each)
*Payment collected at time of arrival



LADY LIGHTNING TEAM FEES

FEE	Level 1.5 Lady Lightning
Annual Membership & Insurance Fee	\$65 *Due June 1st
JUNE 1ST TUITION	\$130 + Team Tumbling Class (\$25)
JULY 1ST & AUGUST 1ST	\$175
SEPT - JUNE TUITION - (4 hrs per week)	\$175
TEAM TUMBLING attached to practice. 1 X / Week for 30 Min	*Additional \$25
COMPETITION FEES	\$375

SUMMER TUITION: Includes monthly team tuition (1/week) & Choreographer visits to practices + Routine Music & Gym wide 2021-22 Tank Top. Not attending in the summer only decreases your tuition by \$87.50 each month. Missing less than 3 practices in the summer does not change summer fees.

TEAM TUMBLING: Mandatory from Sept to May

**January 2022 - \$5 or Gym Wide Calendar*

COMPETITION SCHEDULE

Competition fees for all events is \$375 & this includes the cost of your athlete competing and the cost to have your team coaches attend the event. *GST is extra on all fees listed

COMPETITION, Location	DATE
VAS Showcase, G Force Gym in Port Coquitlam	Sun December 5th (& Sun, Dec 12th @South)
Snowflake Competition, Richmond Oval	Sat, January 15th
Cheerfest Competition, Abbotsford Event Center	Sat, Feb 5th-6th
ATC Feel the Power, PNE Forum, BC	Sat, March 5th
Sea to Sky Championships , Vancouver, VCEC	Sat & Sun April 2nd - 3rd
Okanagan Cheer Championship, Kelowna	Sat, May 15th 2022
Sunshine Cup, Kelowna	Sun, May 16th 2022

*Schedule updates will be provided in September *Team will vote to attend an additional US Event. At this time, it is not on our schedule. *\$40 Coaches Fee for Kelowna

U12 LADY LIGHTNING IMPORTANT DATES

Summer Training

June 1 - 25 - U12 Lady Lightning	Mon 4:30-6:30pm	Thurs 6:00--7:30pm
June 24th - July 6th	MINI BREAK #1	
July 29th - August 10th	MINI BREAK #2	
July & August - U12 L1.5 Lady Lightning	Wednesdays	5:30-7:30pm

Fall Training starting September 7th

U12 Lady Lightning	Mon 6:00-8:00pm	Wed 6:00-7:30pm
U12 Lady Lightning Team Tumbling		Wed 7:30-8:00pm

Important Dates

Uniform Deposit Due * Balance Due at time of pick up	July 15th	\$200
Competition Fees Deposit Due	Sept 17th 2021	\$200
Mandatory Training & Choreography Camp	Fri Oct 15th & Sat Oct 16th Times tba	
October 9th-11th	GYM CLOSED - THANKSGIVING	
Thurs, November 11th	GYM CLOSED - REMEMBRANCE DAY	
Balance of Competition Fees Due	Nov 19th	\$175
December 18th - January 1st	GYM CLOSED - HOLIDAY BREAK	
February 21st	GYM CLOSED - FAMILY DAY	
March 14th - 25th	GYM CLOSED - SPRING BREAK	
Sat, March 26th - Extra practice before Sea to Sky	First practice back	Times tba
Sun & Mon April 16th-17th	GYM CLOSED - EASTER	

The Sept-June monthly tuition fee of \$165+GST takes into consideration when the gym is closed. Holidays/Spring Break/Worlds Week & Closures have been factored in and fees are never pro-rated due to closures unrelated to Covid or Snow/weather/unforseeable circumstances.

*Flyers are required to take a weekly flyers class