Vancouver All Stars South

Chicken, Beef, Seafood & MORE

Fundraiser



ORDER DEADLINE - Wednesday Sept. 23rd, 2020

DELIVERY DATE – Saturday Oct. 3rd at 10:00 a.m. @ 4949 Canoe Pass Way #1308

Sellers are responsible for their customers' orders



Pass this on to family and friends!!

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<u> </u>	FROZEN PRODUCT	CASE SIZE	COST					
	CHICKEN							
	Canada Grade A, from our Fraser Valley Farmers. Individually frozen, free run 8	hormone free.						
1.	Chicken Breasts, boneless skinless – Tender & juicy every time. Individually frozen, free run, and hormone free. Perfect for all of your chicken recipes. Our top seller! Seasoned.	4 kg.	\$ 42.00					
2.	Heritage Breasts, boneless skinless – Specialty grain fed, all vegetable diet, free run, non-medicated (no antibiotics), and hormone free. Individually Quick Frozen. Seasoned.	4 kg.	\$ 50.00					
3.	Souvlaki Satays – Chicken breast marinated in a Greek marinade & woven onto a wooden skewer. Serve with tzatziki dip & Greek salad. Packaged tightly, may need to gently separat	2 kg. e.	\$ 41.00					
4.	Thighs, boneless skinless – Fall in love with chicken thighs! They are more succulent and flavorful than chicken breasts. Your options with these are endless switch things up!	2 kg.	\$ 32.00					
5.	Clucks Chicken Fingers –These tender strips are our favorite! Just bake and serve with your favorite dipping sauce. Seasoned breading, they have a nice peppery bite to them!	4 kg.	\$ 50.00					
6.	GLUTEN FREE Chicken Strips –Yum! These breaded chicken strips are tender on the inside & crispy on the outside. You don't need to be gluten free to enjoy these!	2 kg.	\$ 42.00					
7.	Turkey Breast Fillets – The tenderloin of the turkey. Try these oven roasted or use your Instant Pot. You're going to love them low stress, high Flavor! Seasoned, boneless skinles	2 kg. ss.	\$ 23.00					
8.	Cordon Swiss 'Country Style' – Breast meat hand rolled with Swiss cheese and smoked Ham, and finished with a light breading. Makes a delicious but easy entrée. Oven ready.	32/4 oz.	\$ 56.00					
9.	Chicken Parmesan 'Country Style' – Breast meat hand rolled around rich tomato sauce and mozzarella & parmesan cheese. Serve with spaghetti & a salad! Lightly breading.	18/4 oz.	\$ 38.00					
10	. Canadiana 'Country Style' – Breast meat hand rolled with broccoli & cheddar cheese. Lightly seasoned and breaded, oven ready. This cheesy broccoli is kid approved!	18/4 oz.	\$ 38.00					
11	. Crème Brie, Apple and Cranberry Cordon – Chicken breast meat stuffed with crème brie, apples & cranberries. Light breading. Impress your guests with this sweet & savory combo!	12/6 oz.	\$ 46.00					
12	. Festive Turkey Cordon with Sage & Cranberry Stuffing - Turkey dark meat hand rolled around savory stuffing. Light crisp breading. Thanksgiving dinner doesn't get easier!	12/6 oz.	\$ 38.00					
13	. Sea Salt & Cracked Pepper Wings – A crowd pleaser, just bake until crisp. Our favorite!	2 kg.	\$ 34.00					
14	. Honey Garlic Wings – Fully cooked, lots of marinade. Packed with flavor! Simply delish!	2 kg.	\$ 34.00					
	. Chicken Nuggets – Juicy 100% white meat breaded and ready for dipping! Not just for the kids! Add a platter to your appy buffet with assorted dips and watch them disappear!	2.72 kg.	\$ 36.00					
16	 Chicken and Turkey Breakfast Sausage – A very lean and flavorful breakfast sausage. Packaged tightly, frozen in layers; liners between allow to be pulled apart. May appear frosty 	2.27 kg. ^y .	\$ 22.00					
17	. Ground Turkey, Lean – Make a heart healthy choice! Great for burgers, spaghetti, tacos, turkey chili and more. Your options are endless! Comes packaged in 1 pound chubs.	8/1 lb.	\$ 29.00					

AAA BEEF, PORK, SEAFOOD, & APPETIZERS

Handpicked for quality & price

 18. N.Y. Striploin Steaks – There's nothing better than a delicious, juicy, mouth-watering steak! Sprinkle with Montreal Steak Spice & sear on a hot grill. Serve with garlic mashed potatoes! 19. Bacon Wrapped Tenderloin –Perfectly aged and wrapped in smoky bacon. So good! 	9/8 oz. 8/6 oz.	\$ 57.00 \$ 48.00
20. Top Sirloin Steaks - Juicy center cut. Do you love a steakhouse surf & turf entree? Just add some grilled shrimp skewers and a baked potato! 3 packages of 3 steaks frozen together.	9/6 oz.	\$ 32.00
21. Shrimp Skewers – These succulent skewers can be broiled, baked, grilled, or pan fried! Each skewer contains six raw peeled & deveined shrimp. Great compliment to a steak or salace	20 skwrs	\$ 30.00
22. Sirloin Beef Burgers - These gourmet burgers are always juicy!! Definitely a fan favorite! We prefer ours topped with bacon, cheese, and sautéed mushrooms. How do you like yours?	24/5 oz.	\$ 37.00
23. Bavarian Bratwurst - This Award Winning German raw pork sausage is so delicious! Best on the BBQ! Grill and serve in a bun with grilled onions or as an entrée with corn on the cob.	20/115 gr.	\$ 30.00
24. Shaved Prime Rib – Just thaw & simmer in beef jus (not included) and serve on a crusty roll for a deliciously tender beef dip! Stir fry with peppers for a Philly Cheesesteak. Yum!	12/5 oz.	\$ 43.00
25. Lean Ground Beef – Top quality, and packaged in one pound chubs. Easy to use!	10/1 lbs.	\$ 48.00
26. Italian Beef Meatballs – Fully cooked 1/2 oz. beef meatballs lightly seasoned with parsley, onion, garlic powder, and parmesan cheese. Ready to add to your favorite pasta & sauce.	2.27 kg.	\$ 32.00
27. Veal Cutlets- Fork tender veal, coated in savory breadcrumbs. Oven ready for an easy dinner Pile on the mushroom gravy and serve with an assortment of roasted veggies. Comfort food!		\$ 34.00
28. Pork Chops – Fancy them up, or just 'Shake 'n Bake'! Put some BC pork on your fork!	16/5oz. 8/6 oz.	\$ 34.00 \$ 46.00
29. Wild Spring Salmon Fillets – Caught in the pristine waters of Alaska, this King Chinook Salmon is full of healthy Omega 3's and has a clean rich flavour. Sure to be a winner for dinne		ֆ 46.UU
30. Lobster Cakes – Taste the delicate sweet flavor of North American Cold Water Lobster in	13/3 oz.	\$ 32.00
these gourmet homestyle seafood cakes. A tasty appetizer or serve with a salad for a light lune		A 05 00
31. Gourmet Halibut Burger –Wild Alaskan Halibut full muscle fillets, lightly seasoned and Panko breaded for a crisp finish. Gourmet! These are at the top of the seafood burger line!	8/4.5 oz.	\$ 35.00
32. Baby Back Ribs – Try our recipe included for 'fall off the bone' tender barbecue pork ribs.	3.2 kg.	\$ 40.00
Bake low & slow for 4 hours, add sauce and finish on the grill or under the broiler. (6-7 racks)	J	•
33. Bacon, fully cooked – 100 Individual slices of ready to eat bacon. Never fry bacon again!	100 pcs.	\$ 31.00
34. Maple Pork Breakfast Sausage – A juicy breakfast sausage with a hint of maple. Perfect for breakfast, lunch or dinner! The kids love these! Natural pork casing. 55 sausages	2.27 kg.	\$ 31.00
35. Mini Potato and Cheddar Perogies –These make a great addition to your appetizer menu.	2/1.8 kg.	\$ 24.00
Serve with sautéed onions, bacon & sour cream. Or enjoy with oven roasted Bavarian Bratwur	st!	•
36. Pickle Spears – Brined pickles cut into wedges and lightly coated in a tangy dill breading.	5 lb.	\$ 23.00
Awake your senses with this fun bold flavor & crunchy texture, perfect for dipping! 37. Mini Vegetable Spring Rolls –Just bake in the oven until light and crispy, and serve with plum sauce. An excellent addition to your appetizer menu! The best Spring Rolls around!!	40 pcs.	\$ 25.00
38. Jumbo Vegetable Samosas – Golden brown pastry filled with a vegan Punjabi style stuffing. Enjoy peas, potatoes and spices in every bite! Bake in the oven or deep fry!	24 pcs	\$ 25.00
QUICK, DELICIOUS & ALL LOCALLY MADE		
Because We Love to Support Local!!		
20. Traditional Chaphandla Dia . Harranada na desaell Mada with harf warning and many	4/050	
39. Traditional Shepherd's Pie – Homemade goodness!! Made with beef, veggies and gravy topped with buttery mashed potatoes & cheddar cheese. Comfort food for those rainy days.	4/850 gr.	\$ 44.00
40. Helmi's Premium Homemade Perogies – 2 bags of potato, cheddar cheese & onion, and	4/1 kg.	\$ 33.00
2 bags potato, bacon and onion. Serve with sautéed onions, bacon & sour cream. (24 per 1 kg	• /	
41. Chicken Pot Pies - Chicken, potatoes, veggies and gravy in a gourmet crust. So good!	12/4 inch	\$ 33.00
42. Breakfast Burrito – A flour tortilla filled with scrambled eggs, bacon, veggies, cheese, and ham. Microwave or bake for breakfast on the go! Early morning Hockey practice just got easie	16/135 gr.	\$ 35.00
43. Pizza Variety Pack - Individual 6 inch pizzas. 6 pepperoni, 6 ham and pineapple, 6 cheese. Hand stretched dough and 100% real cheeses. A fun after school snack!	18/6 inch	\$ 36.00
44. Pepperoni & Sausage Calzones - Pizza crust filled with tomato sauce, Italian Sausage,	12/8 inch	\$ 36.00
pepperoni, four cheeses, and pizza sauce folded over to make an 8 inch pocket. 45. Meat Lasagna with 4 Cheeses – Fresh pasta layered with meat sauce, mozzarella, cottage,	8/330 gr.	\$ 29.00
romano, and parmesan cheeses! Kid friendly and filling too! Individual serving size.	0,000 gi.	Ψ 23.00
46. Savoury Salmon Hand Pie – Puff pastry generously stuffed with wild salmon and creamy spinach & artichoke filling. This handmade pastry makes a gourmet meal, serve with a salad!	18/100 gr.	\$ 33.00

Please circle items ordered on this sheet and keep for your records.

Vancouver All Stars South Order Form - Name _		
Phone number day of delivery	Email	

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Please make cheques payable to 'Tegan VandenBoer'							feld Farn		
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Products	Size	Price						TOTALS	
1 Chicken Breasts, boneless skinless	4 kg.	\$42.00							1
2 Heritage Breasts, boneless skinless	4 kg.	\$50.00							2
3 Souvlaki Satays	2 kg.	\$41.00							3
4 Thighs, boneless skinless	2 kg.	\$32.00							4
5 Clucks Chicken Fingers	4 kg.	\$50.00							5
6 Gluten Free Chicken Strips	2 kg.	\$42.00							6
7 Turkey Breast Fillets	2 kg.	\$23.00							7
8 Cordon Swiss, country style	32/4 oz.	\$56.00							8
9 Chicken Parmesan, country style	18/4 oz.	\$38.00							9
10 Canadiana, country style	18/4 oz.	\$38.00							10
11 Crème Brie, Apple & Cranberry Cordon		\$46.00							11
12 Festive Turkey Cordon	12/6 oz.	\$38.00							12
13 Sea Salt & Cracked Pepper Wings	2 kg.	\$34.00							13
14 Honey Garlic Wings	2 kg.	\$34.00							14
15 Chicken Nuggets	2.72 kg.	\$36.00							15
16 Chicken Turkey Breakfast Sausage	2.27 kg.	\$22.00							16
17 Ground Turkey, Lean	8/1 lb.	\$29.00							17
18 NY Striploin Steaks	9/8 oz.	\$57.00							18
19 Bacon Wrapped Tenderloin	8/6 oz.	\$48.00							19
20 Top Sirloin Steaks	9/6 oz.	\$32.00							20
21 Shrimp Skewers	20 skewers	\$30.00							21
22 Sirloin Beef Burgers	24/5 oz.	\$37.00							22
23 Bavarian Bratwurst	20/115 gr.	\$30.00							23
24 Shaved Prime Rib	12/5 oz.	\$43.00							24
25 Lean Ground Beef	12/3 02. 10/1 lb.	\$48.00							25
26 Italian Beef Meatballs	2.27 kg.	\$32.00							26
27 Veal Cutlets	16/4 oz.	\$34.00							27
28 Pork Chops	16/5 oz.	\$34.00							28
29 Wild Spring Salmon Fillets	8/6 oz.	\$46.00							29
30 Lobster Cakes	13/3oz	\$32.00							30
31 Gourmet Halibut Burgers	8/4.5 oz.	\$35.00							31
32 Baby Back Ribs	3.2 kg.	\$40.00							32
33 Bacon, Fully Cooked	100 pcs.	\$31.00							33
34 Maple Pork Breakfast Sausage	2.27 kg.	\$31.00							34
35 Mini Potato Cheddar Perogies	2.27 kg. 2/1.8 kg.	\$24.00							35
36 Pickle Spears	5 lbs.	\$23.00							36
37 Mini Vegetable Spring Rolls		\$25.00							37
38 Jumbo Vegetable Samosas	40 pcs. 24 pcs.	\$25.00							38
39 Traditional Shepherd's Pie	•	\$44.00							39
40 Helmi's Premium Perogies	4/850 gr.	\$33.00							40
41 Chicken Pot Pies	4/1 kg.								41
42 Breakfast Burrito	12/4 inch	\$33.00 \$35.00	+	+			+		41
43 Pizza Variety Pack	16/135 gr.	\$35.00	+	+	_				43
44 Pepperoni & Sausage Calzones	18/6 inch 12/8 inch		+	+	_				
45 Meat Lasagna with 4 Cheeses	8/330 gr.	\$36.00 \$29.00	+	+			-		44 45
46 Savoury Salmon Hand Pie	18/100 gr.	\$29.00		+					45
Total Cases	10/100 gr.	ψυυ.υυ							+0
									+
Total Money									