

G FORCE GYM & VANCOUVER ALL STARS



2026-27 HALF YEAR TEAMS REGISTRATION PACKAGE



2110 - 550 SHERLING PLACE
POCO - (BESIDE WALMART)



gforcegym@gmail.com



Welcome to G Force Gym Home of the Vancouver All Stars

We want to start out by welcoming you to G Force Gym. We look forward to another amazing season with those of you returning and can't wait to meet all our new friends that will join our Half Year Program. The Novice All Star Prep Teams that we develop at Vancouver All Stars from Sept to March are often filled with the start of our competitive all star cheerleaders that go on to further develop and become a part of our well known Competitive Cheer Program.

We are so excited to bring you on our journey. Please do not hesitate to ask any additional questions you may have. - *VAS Staff*

Connect with us!



@vas_cheer



G Force Gym - Home of the
Vancouver All Stars

VAS Cheer Sell-Swap-Trade
(Both locations Buy Sell Group)

<http://www.vancouverallstarcheer.com>



TUITION & FEES FOR HALF YEAR TEAMS

Monthly Fees take into consideration when the gym is closed, when there are holidays, if we have extra add-on practices and extra things like the showcases. *Holidays Closures including a 2-week Christmas break have been factored in and fees are not pro-rated due to such closures.

45 MIN CLASS - \$65 +GST per month Tuition (Sept 1st to Mar 1st)

60 MIN CLASS - \$75 +GST per month Tuition (Sept 1st to Mar 1st)

90 MIN CLASS - \$95 +GST per month Tuition (Sept 1st to Mar 1st)

There is a \$55 Annual Registration & Insurance Fee

\$140 Competition Fees to compete at your 2 Events (Due Fri Sept 11th)

NOTE The gym collects your annual Cheer Canada and BC Sport Cheer Dues in your "Registration & Insurance Fee" and we will pay the organizations on your behalf.

**** OPTION TO ADD ADDITIONAL TUMBLING CLASS AT 25% REDUCED FEES**

FOLLOWED BY A 3-MONTH SPRING SESSION: APRIL 10TH-JUNE 25TH

During Spring Session, athletes work on individual skill acquisition in the areas of Tumbling, Jumping, stunting, flexibility and dance.

\$175.00 for the 3 Month Session

*Spring Session is optional



UNIFORMS FOR ALL HALF YEAR TEAMS

THE SAME UNIFORM WILL BE WORN AGAIN BY OUR
2026-27 HALF YEAR TEAMS.



**ALL STAR
HALF YEAR
UNIFORM**

\$145+gst

INCLUDES HAIR BOW

***\$50 deposit collected Fri, Oct 2nd 2026**

**** All white, soft sole indoor shoes required**

****Gym will provide suggestions from Amazon**

***We have a VAS Facebook Swap Page where you can
find used uniforms / shoes for reduced rates.**



FALL 2026 TEAM OPTIONS

Sat Sept 12th 2026 - Sat March 13th 2027

Our Half Year Option is ideal for those athletes that do other sports and those that only want a once a week experience with low financial and time commitment. These teams exhibit once and compete twice.

HALF YEAR TEAMS FOR AGES 6 & BELOW:

TEAMS for U6 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES
TEAM TORNADOES	2020-2022	MONDAYS 4:00-5:00PM
TEAM SNOWFLAKES	2020-2022	TUESDAYS 4:00-5:00PM
TEAM SNOW PRINCESSES	2022-2023*	FRIDAYS 4:15-5:00PM
TEAM DEW-A-LOTS	2020-2022	SATURDAYS 10:00-11:00AM

HALF YEAR TEAMS FOR AGES 8 & BELOW:

TEAMS for U8 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES
TEAM SCORCHERS	2019-2021	TUESDAYS 5:30-7:00PM
TEAM HEATWAVE	2018-2021	THURSDAYS 4:30-6:00PM
TEAM CODE X	2018-2021	SATURDAYS 11:00-12:30PM

NOTE YOU MUST register for a Team with your child's actual birth year as Cheer Canada governs Sport Cheer and regulations require athlete to compete with year of birth.





FALL 2026 TEAM OPTIONS

Sat Sept 12th - Sat March 13th

HALF YEAR TEAMS FOR AGES U12 BELOW:

TEAMS for U12 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES
TEAM CHILL	2014-2019	WEDNESDAYS 6:30-8:00PM
TEAM TSUNAMI	2014-2019	THURSDAYS 6:00-7:30PM
TEAM SURGE	2014-2019	FRIDAYS 5:00-6:30PM

TEAMS for U16 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES
TEAM SPARK	2010-2015	MONDAYS 6:00-7:30PM

- Teams will start up in the fall– Sat, Sept 12th is the official start date for Half Year Teams.
- We will accept new members until the end of September only ~ space pending.
- At Vancouver All Stars, athletes are not required to wear any make up for competitions or performances.
*A natural look is all that is required.
- All White non-marking indoor only shoes required. *We will send you an email with Amazon “dupes” that will work. No additional mandatory team apparel necessary for Half Year Teams

****NOTE**** Tuition is NOT based on 4 Classes per month. The Cost to run this program from Sept to March has been divided into 7 installments which we refer to as the "Monthly Fee". You may pay the full amount +GST up front or pay \$65 (45min) \$75 (60min) or \$95 (90min)+tax from Sept 1 thru to March 1st. * Some months have 5 week days in them and some have 3, some have holidays etc....Tuition takes holidays into consideration and price is fixed and not pro-rated for months where there are holidays or fewer classes. Late Start will only pro-rate first month's Tuition, only.



YOUR COMPETITION SCHEDULE IS BELOW:

COMPETITION SCHEDULE

Teams will perform their routines for parents during the November Parent Viewing Week:
November 21st - 27th

SAT, JAN 16TH 2027

NEW ERA CHAMPIONSHIP

PNE FORUM, BURNABY

SAT, FEB 20TH 2027

MARDI PARI COMPETITION

RICHMOND OVAL

Closures & Important Dates

Uniform Deposit Due *Balance Due when they arrive	Fri, Oct 2nd	\$50 Deposit *Non-Refundable *If needed
Practices Start	Sat, Sept 12th	First Sat after school starts
Competition Fees Due	Fri, Sept 11th	\$140.00 +GST
Truth & Reconciliation Day	Wed, Sept 30th	We are OPEN
Thanksgiving Weekend	Sun & Mon Oct 11th & 12th	CLOSED Sun & Mon Only
Halloween	Sat, Oct 31st	We are OPEN
Remembrance Day	Wed, Nov 11th	We are OPEN
Routine Showoff	At practice during week of: Nov 21st-27th	Teams perform for their loved ones at practice at our POCO Gym
Xmas Break	Sun, Dec 20th - Sun, Jan 3rd 2027	*Open on Sat, Dec 19th *1st Practice back is Mon Jan 4th
Family Day	Mon, Feb 15th	We are CLOSED
Last Day of class	Mon, Mar 8th - Sat, Mar 13th	We always have a celebration party where every family brings one treat for the team at our last practice 😊