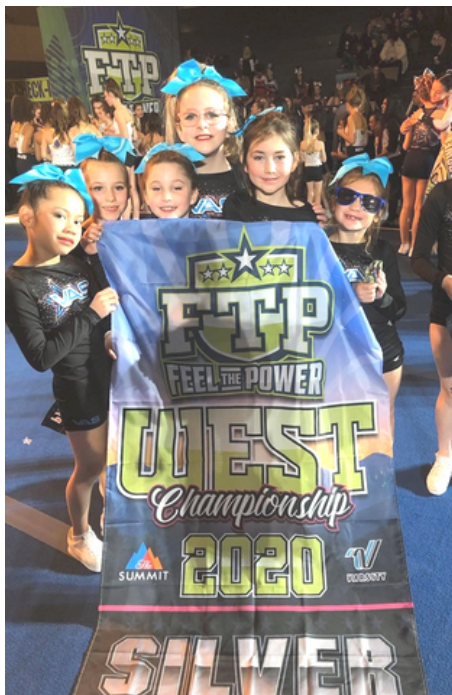
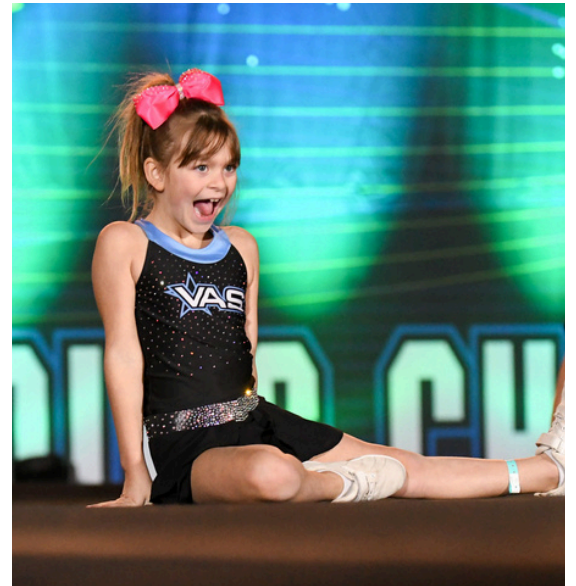


G FORCE GYM & VANCOUVER ALL STARS



Half Year Teams Registration Package



2110 - 550 Sherling Place
POCO - (Beside Walmart)
gforcegym@gmail.com

Welcome to G Force Gym

Home of the Vancouver All Stars

We want to start out by welcoming you to G Force Gym. We look forward to another amazing season with those of you returning and can't wait to meet all our new friends that will join our Half Year Program. The Novice All Star Prep Teams that we develop at Vancouver All Stars from Sept to March are often filled with the start of our competitive all star cheerleaders that go on to further develop and become a part of our well known Competitive Cheer Program.

We are so excited to bring you on our journey. Please do not hesitate to ask any additional questions you may have.

VAS Staff



Connect with Us



@vas_cheer



G Force Gym - Home of the
Vancouver All Stars

VAS Cheer Sell-Swap-Trade
(Both locations Buy Sell Group)

<http://www.vancouverallstarcheer.com>



TUITION & FEES FOR HALF YEAR TEAMS

Monthly Fees take into consideration when the gym is closed, when there are holidays, if we have extra add-on practices and extra things like the showcases. *Holidays Closures including a 2-week Christmas break have been factored in and fees are not pro-rated due to such closures.

60 MIN CLASS - \$75 +GST per month Tuition (Sept 1st to Mar 1st)

90 MIN CLASS - \$95 +GST per month Tuition (Sept 1st to Mar 1st)

There is a \$55 Annual Registration & Insurance Fee

\$120 Competition Fees to compete at your 2 Events (Due Fri Sept 12th)

NOTE The gym collects your annual Cheer Canada and BC Sport Cheer Dues in your "Registration & Insurance Fee" and we will pay the organizations on your behalf.

**** OPTION TO ADD ADDITIONAL TUMBLING CLASS AT 25% REDUCED FEES**

FOLLOWED BY A 3-MONTH SPRING SESSION: APRIL 13TH-JUNE 24TH

During Spring Session, athletes work on individual skill acquisition in the areas of Tumbling, Jumping, stunting, flexibility and dance.

\$175.00 for the 3 Month Session

*Spring Session is optional



UNIFORMS FOR ALL HALF YEAR TEAMS

THE SAME UNIFORM WILL BE WORN AGAIN BY OUR
2025-26 HALF YEAR TEAMS.



**ALL STAR
HALF YEAR
UNIFORM**

\$145+gst

INCLUDES HAIR
BOW

***\$50 deposit collected Fri, Oct 3rd**

**** All white, soft sole indoor shoes required**

****Gym will provide suggestions from Amazon**

***We have a VAS Facebook Swap Page where you can
find used uniforms / shoes for reduced rates.**



FALL 2025 TEAM OPTIONS

Sat Sept 6th - Sat March 14th

Our Half Year Option is ideal for those athletes that do other sports and those that only want a once a week experience with low financial and time commitment. These teams exhibit once and compete twice.

TEAMS for U6 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES *Start Sept 6th
TEAM SNOWFLAKES	2019-2021	TUESDAYS 5:00-6:00PM
TEAM SUNSHINE	2019-2021	FRIDAYS 4:00-5:00PM
TEAM DEW-A-LOTS	2019-2021	SATURDAYS 10:00-11:00AM

TEAMS for 6-8 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES *Start Sept 6th
TEAM SCORCHERS	2017-2020	WEDNESDAYS 6:00-7:30PM
TEAM FLURRIES	2017-2020	WEDNESDAYS 4:00-5:00PM
TEAM HEATWAVE	2017-2020	THURSDAYS 4:30-6:00PM
TEAM CODE X	2017-2020	SATURDAYS 11:00-12:30PM





FALL 2025 TEAM OPTIONS

Sat Sept 6th - Sat March 14th

HALF YEAR TEAMS FOR AGES U12 BELOW:

TEAMS for U16 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES *Start Sept 6 th
TEAM SPARK	2013-2018	MONDAYS 5:00-6:30PM
TEAM CHILL	2013-2018	TUESDAYS 6:00-7:30PM
TEAM FROST	2013-2018	THURSDAYS 6:00-7:30PM
TEAM SURGE	2013-2018	FRIDAYS 6:00-7:30PM

- Teams will start up in the fall– Sat, Sept 6th is the official start date for Half Year Teams.
- We will accept new members until the end of September only ~ space pending.
- At Vancouver All Stars, athletes are not required to wear any make up for competitions or performances.
*A natural look is all that is required.
- All White non-marking indoor only shoes required. *We will send you an email with Amazon “dupes” that will work. No additional mandatory team apparel necessary for Half Year Teams

****NOTE**** Tuition is NOT based on 4 Classes per month. The Cost to run this program from Sept to March has been divided into 7 installments which we refer to as the "Monthly Fee". You may pay the full amount +GST up front or pay \$75 (60min) or \$95 (90min)+tax from Sept 1 thru to March 1st. * Some months have 5 week days in them and some have 3, some have holidays etc....Tuition takes holidays into consideration and price is fixed and not pro-rated for months where there are holidays or fewer classes. Late Start will only pro-rate first month's Tuition, only.



**FALL SHOWCASE
AT OUR GYM:** 

SUN, NOV 30TH AM
>>FOR ALL HALF YEAR TEAMS

COMPETITION SCHEDULE

SAT, FEB 21ST
SUN, MAR 1^S

MARDI PARI COMPETITION
BC PROVINCIAL CHAMPIONSHIPS

RICHMOND OVAL
TRADEX ~ ABBOTSFORD

Closures & Important Dates

Uniform Deposit Due *Balance Due when they arrive	Fri, Oct 3rd	\$50 Deposit *Non-Refundable *If needed
Practices Start	Sat, Sept 6th	First Sat after school starts
Competititon Fees Due	Fri, Sept 12th	\$120.00 +GST
Truth & Reconciliation Day	Tues, Sept 30th	We are OPEN
Thanksgiving Weekend	Sun & Mon Oct 12 & 13	CLOSED Sun & Mon Only
Halloween	Fri, Oct 31st	We are CLOSED
Remembrance Day	Tues, Nov 11th	We are OPEN
Annual Showcase	Sun Nov 30th	Teams perform for their first time at our POCO Gym
Xmas Break	Sun, Dec 21st -Fri, Jan 3rd	*Open on Sat, Dec 20th *1st Practice back is Mon Jan 5th
Family Day	Mon, Feb 16th	We are CLOSED
Last Day of class	Mon, Mar 9th - Sat, Mar 14th	We always have a celebration party where every family brings one treat for the team at our last practice 😊