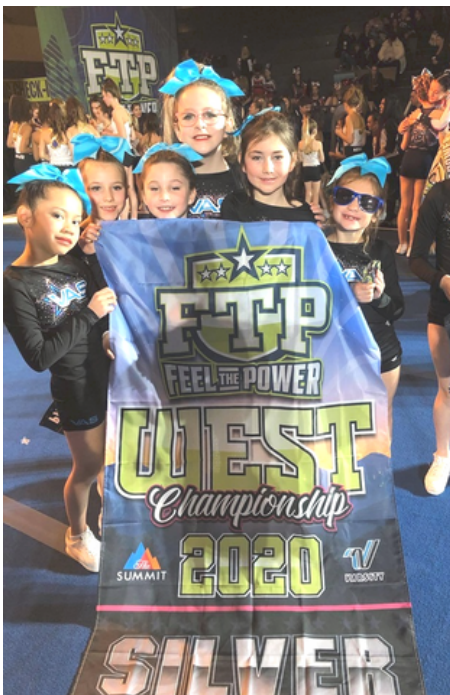


G FORCE GYM & VANCOUVER ALL STARS



Half Year Teams Registration Package



2110 - 550 Sherling Place
POCO - (Beside Walmart)
gforcegym@gmail.com

Welcome to G Force Gym

Home of the Vancouver All Stars

We want to start out by welcoming you to G Force Gym. We look forward to another amazing season with those of you returning and can't wait to meet all our new friends that will join our Half Year Program. The Novice All Star Prep Teams that we develop at Vancouver All Stars from Sept to March are often filled with the start of our competitive all star cheerleaders that go on to further develop and become a part of our well known Competitive Cheer Program.

We are so excited to bring you on our journey. Please do not hesitate to ask any additional questions you may have.

VAS Staff



Connect with Us



@vas_cheer



G Force Gym - Home of the
Vancouver All Stars

VAS Cheer Sell-Swap-Trade
(Both locations Buy Sell Group)

<http://www.vancouverallstarcheer.com>



TUITION & FEES FOR HALF YEAR TEAMS

Monthly Fees take into consideration when the gym is closed, when there are holidays, if we have extra add-on practices and extra things like the showcases. *Holidays Closures including a 2-week Christmas break have been factored in and fees are not pro-rated due to such closures.

60 MIN CLASS - \$69 +GST per month Tuition (Sept 1st to Mar 1st)

90 MIN CLASS - \$94 +GST per month Tuition (Sept 1st to Mar 1st)

There is a \$55 Annual Registration & Insurance Fee

\$100 Competition Fees to compete at your 2 Events (Due Fri Sept 13th)

NOTE The gym collects your annual Cheer Canada and BC Sport Cheer Dues in your "Registration & Insurance Fee" and we will pay the organizations on your behalf.

**** OPTION TO ADD ADDITIONAL TUMBLING CLASS AT 25% REDUCED FEES**

FOLLOWED BY A 3-MONTH SPRING SESSION: APRIL 7TH-JUNE 26TH

During Spring Session, athletes work on individual skill acquisition in the areas of Tumbling, Jumping, stunting, flexibility and dance.

\$175.00 for the 3 Month Session

*Spring Session is optional



UNIFORMS FOR ALL HALF YEAR TEAMS

THE SAME 23-24 UNIFORM WILL BE WORN AGAIN BY
OUR 2024-25 HALF YEAR TEAMS.



**ALL STAR
HALF YEAR
UNIFORM**

\$130 +gst

INCLUDES HAIR
BOW

***\$50 deposit collected Fri, Oct 4th**

**** All white, soft sole indoor shoes required**

****Gym will provide suggestions from Amazon**

***We have a VAS Facebook Swap Page where you can
find used uniforms / shoes for reduced rates.**



FALL 2024 TEAM OPTIONS

Sat Sept 7th - Sat March 15th

Our Half Year Option is ideal for those athletes that do other sports and those that only want a once a week experience with low financial and time commitment. These teams exhibit once and compete twice.

TEAMS for U6 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES *Start Sept 3rd
TEAM SNOWFLAKES	2018-2020	TUESDAYS 5:00-6:00PM
TEAM FLURRIES	2018-2020	WEDNESDAYS 4:00-5:00PM
TEAM SUNSHINE	2018-2020	FRIDAYS 5:00-6:00PM
TEAM DEW-A-LOTS	2018-2020	SATURDAYS 10:00-11:00AM

TEAMS for 6-8 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES *Start Sept 3rd
TEAM SPARK	2016-2018	MONDAYS 5:00-6:30PM
TEAM HEATWAVE	2016-2018	THURSDAYS 4:30-6:00PM
TEAM SURGE	2016-2018	FRIDAYS 6:00-7:30PM
TEAM CODE X	2016-2018	SATURDAYS 11:00-12:30PM





FALL 2024 TEAM OPTIONS

Sat Sept 7th - Sat March 15th

HALF YEAR TEAMS FOR AGES 9-16 BELOW:

TEAMS for U16 YEARS	BIRTH YEARS FOR TEAM	FALL PRACTICES *Start Sept 3rd
TEAM CHILL	2012-2017	TUESDAYS 5:30-7:00PM
TEAM FLURRIES	2012-2017	WEDNESDAYS 6:30-8:00PM
TEAM FROST	2012-2017	THURSDAYS 6:00-7:30PM
TEAM VORTEX	2007-2012	MONDAYS 6:30-8:00PM

- Teams will start up in the fall– Sat, Sept 7th is the official start date for Half Year Teams.
- We will accept new members until the end of September only ~ space pending.
- At Vancouver All Stars, athletes are not required to wear any make up for competitions or performances.
*A natural look is all that is required.
- All White non-marking indoor only shoes required. *We will send you an email with Amazon “dupes” that will work. No additional mandatory team apparel necessary for Half Year Teams

****NOTE**** Tuition is NOT based on 4 Classes per month. The Cost to run this program from Sept to March has been divided into 7 installments which we refer to as the "Monthly Fee". You may pay the full amount +GST up front or pay \$69 (50min) or \$94 (90min)+tax from Sept 1 thru to March 1st. * Some months have 5 week days in them and some have 3, some have holidays etc....Tuition takes holidays into consideration and price is fixed and not pro-rated for months where there are holidays or fewer classes. Late Start will only pro-rate first month's Tuition, only.



FALL SHOWCASE AT OUR GYM:



SAT, NOV 30TH AM >>Teams that practice on Saturdays
SUN, DEC 1ST AM >>Teams that practice Mon-Fri

COMPETITION SCHEDULE

SAT, FEB 22ND

MARDI PARI COMPETITION

RICHMOND OVAL

SAT, MAR 1ST

BC PROVINCIAL CHAMPIONSHIPS

TRADEX ~ ABBOTSFORD

Closures & Important Dates

Uniform Deposit Due *Balance Due when they arrive	Fri, Oct 4th	\$50 Deposit *Non-Refundable
Practices Start	Sat, Sept 7th	
Competition Fees Due	Fri, Sept 13th	\$100.00 +GST
Truth & Reconciliation Day	Mon, Sept 30th	We are OPEN
Thanksgiving Weekend	Sun & Mon Oct 13 & 14	CLOSED Sun & Mon Only
Remembrance Day	Mon, Nov 11th	We are OPEN
Annual Showcase	Sat & Sun Nov 30th-Dec 1st	Teams perform for their first time at our POCO Gym
Xmas Break	Sun, Dec 22nd-Fri, Jan 3rd	*Open on Sat, Dec 21st *1st Practice back is Mon Jan 6th
Family Day	Mon, Feb 17th	We are CLOSED
Last Day of class	Tues, Mar 11th - Sat, Mar 15th	We always have a celebration party where every family brings one treat for the team at our last practice ☺