

VAS Hair and Make-Up 2007/2008

Hair Supplies:

Hair bow

Hair elastics – Goody Ouchless and Stay Put (thick elastics work best)

Hair brush, gel, hairspray, etc. (to smooth out hair, no fly-aways or halos please)

*Tips: Store your hair bow in a pencil box to help keep your bow clean and keep it's shape. You can "mold" your bow into shape by adding gentle heat to the back of the ribbon (not on the sequined side) and bending/straightening the tails of your bow to the curve of your head. Since the bows cannot be laundered, it is best to use hairspray before you affix your bow on.



Make-up Supplies

Annabelle Pigment Dust – Azure*

Annabelle Pigment Dust – Prism*

Razzle Dazzle Glitter – Columbia Blue**

Razzle Dazzle Glitter – Silver**

Razzle Dazzle Glue**

Eyeliner (liquid works best)

Red Lipstick (Jazzy uses CoverGirl Outlast Double Lipshine in Cabernet #255)

Brush: Definer Shadow brush (flat)

Optional brushes: Liner/Eyebrow brush (great for picking up glitter)
Blush Brush (to brush away stray glitter)

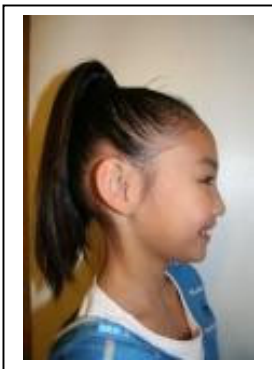


* Sold at Shoppers/Pharmasave, WalMart, London Drugs, Superstore

** Comes in a kit available through G Force Gym Pro Shop

Now for the low down...

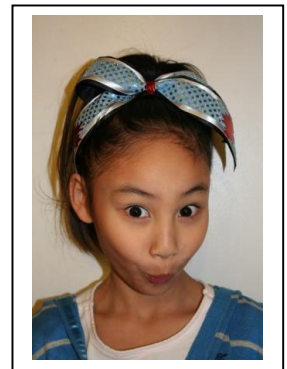
Hair:



Straighten/flat iron your hair. Using an Ouchless hair elastic, tie your hair up in a single ponytail; high up on your head so that when you put your bow on, you will be able to see your bow facing front completely when looking straight at your reflection.

Using the Stay Put elastic, tie your ponytail again at the base; this will reinforce the ponytail and elevate it for a fuller appearance.

Using the lycra ties, tie your bow to the base of your ponytail in a simple double knot towards the back of the ponytail. (Elite teams: wrap the elastic from your bow around the base of the ponytail.)



Make-Up



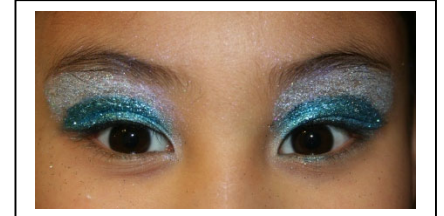
Brush a layer of the Razzle Dazzle glue over the base of your eyelid. Using the eye shadow brush, collect some of the Azure pigment dust and dot over the glue. Use the brush to even out the shadow.



Dot a light layer of glue over the shadow, being careful not to remove any of the pigment dust. Using the brush, collect a small amount of the blue glitter and brush a light layer over your eyelid to highlight and add shine.



Highlight your eyes just below the brow using the Prism pigment dust and silver glitter in the same manner as the blue part of the eye. Don't worry too much about being too even with the shadow as the silver glitter will cover up most mistakes.



Define your eyes with liquid eyeliner starting at the inner canvas to the outer canvas. If you are having difficulty applying the eyeliner with precision, try placing your elbows on a counter and feathering your strokes, then going over with the eyeliner once again in one sweep. Finish your eyelashes with a sweep of mascara.



Apply red lipstick and finish with gloss for shine. CoverGirl Outlast Double Lipshine is great because it is long wearing without bleeding and step 2 of the application gives your lips a high gloss without the use of glitter.

Voila...your competition face!

